**Materials (Option #1):**
- Flat Cardboard Base
- Drawing Tool (Pencil, etc.)
- Foil
- Glue
- Tape
- Yarn or Heavy String
- Markers
- Scissors.

**Instructions:**
Draw a simple design on the cardboard. Trace the design with a thin trail of glue. Lay the string or yarn on top of the glue trail, trimming off excess. Press into place. Let the glue dry completely.

Cut a piece of foil 1-2" larger than the cardboard on all sides. Place the foil shiny side up over the top of the design. Starting at the center of the design, gently press the foil down into the low areas between ridges created by the string or yarn. As you work out from the center of your design, try to push the foil towards the center rather than out toward the edges.

Because there is an increased surface volume caused by the ridges, pressing foil towards the center should allow enough foil to easily go over the highs and lows created by the ridges without tearing.

Make sure not to press the foil into a space if there is not enough to fill in that space or the foil will tear.

It may be helpful to use a tool to reach areas too small for your fingers – try a spoon, pencil eraser, or other similar object.

Try to work slowly and carefully to get the best results!

When you are done, carefully fold the extra edges of foil over the back of the cardboard and tape them down. Color in the low areas of the design with markers to create a stained-glass effect. Hang and enjoy!
STAINED GLASS (Option #2)
Materials & Instructions

Materials: (Option #2)
- Flat Cardboard Base
- Extra scraps of Cardboard
- Textured Items of your choice
- Scissors
- Foil
- Glue
- Tape
- Markers or Paint

Instructions:
Create a design on the cardboard using textured items of your choice. There can be some overlapping of materials, but do not exceed about ½” of buildup. The foil needs to cover all parts of your design so extreme height will cause problems.

Cut a piece of foil 1-2” larger than the cardboard base on all sides (more if you have extra height in your design). Place the foil shiny side up over the top of the design.

Starting at the center of the design, gently press the foil down into and around your design. As in the stained-glass example, it is best to start in the center and work carefully towards the edges.

When you are done, carefully fold the extra edges of foil over the back of the cardboard and tape them down.

Finish with markers or paints.
Materials: (Option #3)
- Flat Cardboard Base
- Colored Tissue Paper
- Scissors
- Foil
- Glue
- Tape

Instructions:
Cut a piece of foil slightly larger than the cardboard base on all sides. Place the foil shiny side up over the cardboard base. Carefully fold the extra edges of foil over the back of the cardboard and tape them down.

Cut or tear pieces of colored tissue paper. Glue the tissue paper pieces onto your base one at a time. You can create different effects by scrunching, twisting or layering the tissue paper. Allow the foil to shine through to give a stained-glass appearance.